



Lundbeck US Charitable Fund Impact Report 2025: Stories of Impact

Introduction

Behind every statistic is a person caught in the quiet storm of a brain disorder. And despite the progress in brain health we continue to pursue the unmet need across the U.S. remains profound.

The Lundbeck US Charitable Fund aspires to empower organizations who can provide critical relief to those who need it most. By investing in community organizations, we are working to transform brain health every single day.

Our aim is to provide resources that can make a difference immediately – whether supporting local community care models, reaching at-risk individuals, or propelling new ideas to support underserved populations.

In 2025, we contributed over \$2 million to efforts across Chicagoland and nationwide. These dollars were transformed into tools, support, access and hope for so many individuals. We are continually inspired by organizations who work tirelessly and purposefully to address the considerable burden of brain disorders across the country.

This is how we will continue to direct our resources this year and beyond, by asking how can we create the greatest impact, not for the future, but for individuals who need it today? How can we make life a little bit better for anyone affected by a brain disorder?

Thank you for being a part of this journey with us. Together we are advancing brain health and transforming lives.

Molly Poarch, President, Lundbeck US Charitable Fund

2025 Giving

The Lundbeck US Charitable Fund provides grants to organizations whose missions align with Lundbeck's purpose to advance brain health, transform lives and accelerate efforts to build a healthy, sustainable society. Each of these areas of focus aims to make a meaningful and lasting impact on individuals, their families and the communities around them.



Accelerating ongoing community support

The Lundbeck US Charitable Fund thoughtfully enables organizations that are changing lives every day through localized outreach, interventions and support for some of our most at-risk communities, particularly in the areas of mental and behavioral health care.



Enabling resources to close gaps in care today

With special consideration to populations that carry a high burden of brain disorders, such as the military and veteran community, we enrich support for technology-driven and evidence-based integrated care solutions.



Fueling innovation to address unmet needs in rare neurology

We aim to support the future of care by advancing novel innovation pathways today. We work with organizations that convene multidisciplinary experts to source new approaches for persistent barriers to progress.



Giving At-a-Glance in 2025



\$2.3M

total distributed to
10+ organizations



Supporting at-risk
populations

\$1.4M+



Advancing innovation
in rare neurology

\$300K+



Chicagoland
community impact

\$500K+

Stories of Impact



Making a difference across Chicagoland

Enabling broader accessibility of mental and behavioral health services

Reyna Moreno, LSW is a behavioral health counselor at CommunityHealth. Supported by dedicated resources from the Lundbeck US Charitable Fund, a new structured behavioral health service program encompasses a series of 12 mental health sessions in addition to the suite of accessible wellness and preventive services the organization provides. In these sessions, offered in-person, via telehealth or by phone, trained experts help patients manage anxiety, depression, grief, and other impacts to everyday life.

Many individuals who come to CommunityHealth are focused on meeting their most basic health needs. Yet in doing so, they sometimes realize the burdens they face in their lives, whether concerns about finances, living situations, social issues or others, are contributing to real physical, mental and emotional concerns. Opening the door to therapy, which is something most people have never experienced, can be deeply transformative.



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*One of the things that we talk about in therapy is how to manage really tough, hard feelings, and those stressors and anxiety and low moods that can affect so many people for a variety of reasons. We work to provide tools and resources to help people manage things, even things that they can't necessarily control. **The work we do here is really life changing to some folks.**”*





Reyna describes the case of a 45-year-old Hispanic woman who received support for severe anxiety.

“This patient presented with anxiety, which is a lot of over-intrusive thoughts. But she really struggled with the physical manifestation of that anxiety – she was experiencing chest pains, heart palpitations, joint pains, stiffness, and headaches. She was diagnosed with arthritis – suffering from joint pain so severe that she struggled to get out of bed. She made the difficult choice to give up her job to focus on her health, which contributed to financial strain on her family, another stress factor.

As she received care for her physical pain, she came to speak with me about her anxiety. She couldn’t understand where the anxiety was coming from; she could only see the physical manifestation of the anxiety that was impeding her ability to fully function at home. And we see this with a lot of patients – they’re in this constant state of survival mode, and everything comes before their mental health, not by choice but because that’s how life happens. They don’t have time to question why they feel anxious – they just need to get food on the table. In therapy, we were able to have a series of discussions to help her identify and process the major stressors in her life, understand how they trigger her anxiety, and learn how it contributes to her physical symptoms.

We talked a lot about her fears for herself, her family and her children, including her fear of how to raise these issues with her care provider. We began to catalogue the tools and processes she could adopt to help manage the overwhelming feelings and thoughts, as well as a list of questions and concerns to raise with her provider. This armed her with confidence to raise her concerns and move out of survival mode and into a greater sense of self care.



“After 12 sessions, she hadn’t fully resolved her anxiety, but she was equipped with a series of tools and coping skills to help her recognize and navigate the stressors in her life, relieving not only her emotional health, but allowing her to gain better control over her physical health as well.”



When patients are able to access mental health resources and care, there is such an amazing shift in the things that they can do in their everyday life, now that they can take better care of themselves. Every patient deserves that space."

With the resources from the Lundbeck US Charitable Fund, Reyna and her colleagues are providing more of this support all the time. "Two years ago we had a 19-month waitlist for individuals interested in mental health services, and now our waiting list is only a few weeks. We're bringing a new sense of hope to so many people across Chicago and I hope we can continue to expand these services."



Reaching At-risk Populations

Expanding access to trauma counseling specifically for veteran families

Brian Klassen, PhD is a licensed clinical psychologist, an associate professor in the Department of Psychiatry and Behavioral Sciences at Rush Medical College, and Director of Strategic Partnerships at the Rush University Road Home Program. The Road Home Program is a philanthropically funded clinic that is designed to help veterans, service members and their families address the invisible wounds of war and military service, including post-traumatic stress disorder, traumatic brain injury, anxiety, depression, and substance use disorder.

In the 11 years Brian has been a part of the program, he has watched the organization grow from six employees to nearly 70 employees, expanding to a truly national presence. In that time, the team has provided treatment to over 8,000 veterans, service members and families, equating to well over 130,000 clinical visits in all 50 states.

With the support of the Lundbeck US Charitable Fund, the Road Home Program has expanded access to trauma care through the availability of an intensive outpatient and virtual counseling. This support has in turn expanded access to the Road Home's vital programming to veteran and veteran families."



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In nearly every single cohort, veterans would say, I found this program so helpful. I wish my wife, I wish my adult son, I wish my parents could come to a program like this. And guess what? Now they can."



"At the Road Home Program, it's part of our DNA to try to fill gaps in care for the invisible wounds among veterans, service members and their families. And that's why we developed these intensive, accelerated treatment models. We believe that when one member of the family serves, the entire family serves, and that's why we wanted to adapt these models to members of the military family."



The models aimed to specifically address the continuum of care for PTSD. Typically programs are offered in an out-patient setting, with treatment visits once weekly, or residential programs, that would require being away from home for several months. By contrast, a participant in one of the Road Home accelerated treatment programs receives about six months' worth of care in two weeks, allowing them to get back to their lives.

The Road Home Program has received incredible feedback from veterans about its impact on managing the mental health of military service members, and we recognized the need to provide similar programs specifically to family members. Brian and the Road Home team adapted their core therapy program to the needs

and priorities of military families, enabling individuals to come to Chicago to access trauma focused, evidence based psychotherapy multiple times per day, participate in group therapy and art therapy, experience acupuncture, and benefit from yoga and mindfulness exercises. Road Home immediately received feedback on the distinct and transformative nature of the program.

"A lot of the participants have told us things like, this is too good to be true, because as military family members, they're used to being left out of the treatment systems that their veterans and service members have access to. So getting to have access to a therapist or service just for them, to talk about their own story for a change, has been wonderful to see."



Brian talks about one individual who visited the Road Home Program and the impact it had on her life.

“This person is really who our program was designed for. Like many spouses of combat veterans, she spent years helping him get the care that he needs. Her husband became a patient at Road Home Program, and so she followed him into the family-specific program. She came here to Chicago, and I think a number of things happened here that were really incredible and unique, and couldn’t have happened anywhere else. First and most importantly, she found a community of other military spouses whose husbands and partners had similar issues to her own.

“A program like this starts to break down the silos that people are in; they start to realize that they’re not alone. And so that really reduces the sense of isolation and shame that a lot of our patients have.”

“Further, **this was really the first time in her life that she felt someone was trying to help her with her own story.** The process involved exploring her second-hand trauma from supporting her husband for many years, which is just a reality for many military spouses, but it also included addressing long-buried childhood trauma and the loss of her parents, whom she never really grieved



properly because she lacked the time and space to do so. Following completion of the program, she and her husband both came away with coping mechanisms and tools to handle the emotions and trauma of military service. They credit the Road Home Program with saving their marriage – and even their teenage children agree. Now they advocate for other families to take advantage of this program to help start a healthier journey together.”

Brian believes the Road Home Program addresses a significant gap in care for the military community and hopes they can continue to expand their services to reach more military families over time. Road Home is continually listening to and learning from the needs of the entire family and designing thoughtful, evidence-based support services that can help create a healthier environment.

Accelerating progress for the future



Resources inspiring ideation to improve the diagnosis of rare neurological disease



Jeana Konstantakopoulos is the Vice President for Strategy and Innovation for MATTER, a global healthcare startup incubator and innovation accelerator in Chicago. The organization exists to mobilize communities around new ideas that can accelerate the pace of change in healthcare in areas of major unmet need.

The Lundbeck US Charitable Fund and MATTER partnered to consider how a broad network of innovators could identify promising solutions to the challenge of rapidly and accurately diagnosing rare neurological conditions.

Working together with Jeana and her team, the goal of the effort was to explore novel uses of technologies, platforms and systems that could solve for some of the greatest obstacles to the right diagnosis – including tools that could be used in the primary care setting, simple solutions to discern between common and rare conditions, and advanced technologies that could identify subtle signals beyond current capabilities in order to advance quickly to specialist referrals.

“With resources from the Fund, MATTER initiated a global challenge to a wide range of innovators who might have the skillsets and technical tools to bring forward viable, scalable and sustainable solutions to the challenge. MATTER selected from those the most

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*“The underlying premise of MATTER is that **by bringing everyone together in the ecosystem, we’re able to combine the best thinking across disciplines and advance innovation much more efficiently and effectively than when working in siloes.**”*



promising candidates that were aligned to the mission and goal, and equipped them with resources such as curriculum, mentoring, and other support. Ultimately the program culminated in an event to socialize the concepts and connect them to other innovators to identify synergies and potential areas of coordination.

Coming out of the challenge, we wanted to continue to advance the momentum of these highly encouraging diagnostic concepts, **so we selected one technology for real world testing, leveraging highly advanced imaging technology to quantitatively detect subtle movements that could suggest a rare neurological condition.**

A validation study to assess opportunity and needs to integrate technology into clinical and diagnostic workflows is now ongoing. We look forward to the continued study of this promising tool, which will help to inform the continued development and scaling of this promising tool that could help create a simpler path to the right diagnosis for many populations.



This is such a powerful example of driving real momentum in healthcare innovation. We're coming together to create solutions to shorten the journey from puzzling symptoms to diagnosis and proper care of rare neurological disorders – and we're proud of the role we play in fostering that kind of meaningful advance in the world."



Impact Report | 2025 Giving



About the Lundbeck US Charitable Fund

Founded by the US affiliate of H. Lundbeck A/S, a global pharmaceutical company focusing exclusively on brain health, the Lundbeck US Charitable Fund is an independently managed nonprofit 501(c)(3) committed to responsibly and appropriately supporting organizations and programs that share our dedication to advancing brain health and transforming lives. For more information, visit LundbeckUSCharitableFund.org and connect with us on LinkedIn.